

PLH | PROFESSIONAL LEARNING HUB

FOR EARLY LEARNING PROFESSIONALS IN BRANT



Professional Learning Hub

For Early Learning Professionals in Brant

30 Bell Lane, Brantford, ON N3T 6K5

519-759-3833

info@professionallearninghub.ca

registration@eycbrant.ca

Hours of Operation for the Professional Learning Hub are:

Monday 9 – 4

Tuesday 9 – 4

Wednesday 9 – 7

Thursday 9 – 4

Saturday 9 – 12



You will need to book an appointment to visit the Learning Hub. Please call 519-759-3833.

During the pandemic, hours of operation and services will be regulated in accordance with the Ministry of Health guidelines. Friendly reminders:

- Face coverings are required
- Social distancing will be practiced as well as screening and temperature checks taken

For more information and to see what is being offered at the Professional Learning Hub, 30 Bell Lane, Brantford go to the website at <https://professionallearninghub.ca>

The Professional Learning Hub will be closed for the following holidays:

Family Day Closure, February 19-21, 2022

Easter Closure, April 15-18, 2022

Victoria Day Closure: May 21-23, 2022

Take a look at all the exciting Face-to-Face and ZOOM workshops that we have to offer you from January to June 2022. All professional development workshops are free for Brantford/Brant licensed child care, licensed home child care, EarlyON programs and Lansdowne Child Care Centre staff. Some workshop registrations are limited, so register early to avoid disappointment. Call the Learning Hub at 519-759-3833 or email registration@eycbrant.ca to register for your workshops and training. Staff will send you the ZOOM code prior to the workshop.

Dine'n Learn

Topic: Outdoor Winter Activities

Wednesday, January 12

ZOOM 6:30 to 7:30 pm

Are you looking for some winter activities to keep the children actively engaged in outdoor play? Then this is for you! This will be an hour of sharing ideas, extending activities, and brainstorming new ideas.



Mental Health and Self Care

Thursday, January 27

ZOOM From 6:30 to 8:00 pm

Guest Speaker: Lil Petrella, Canadian Mental Health Association, Brant Haldimand Norfolk Brant Branch

In this timely workshop focussing on our own mental health and self-care we will look at:

- How stress impacts health
- Symptoms you experience when you are stressed and symptoms of burnout
- Strategies to deal with stress including meditation, exercise, nutrition, connecting with friends



Zippity Do Da
Tuesday, February 1
ZOOM 6:30 to 8:00 pm

Children, children what do you hear? I hear singing everywhere...

Music can expand communication and imagination; boost IQ; cultivates patience; increases sensory development; it makes children happy; improves literacy; coordination; listening skills; and it is a mood lifter. Join us in a fun and exciting virtual workshop for ideas and strategies for using songs, rhymes and so much more within your early learning classroom. All participants will receive a package which includes a variety of songs, rhymes, poems, and props, which will enhance your ability to use musical resources within their program setting.



“Music gives the soul to the universe, wings to the mind, flight to the imagination, and life to everything.”
- PLATO.

Positive Discipline for the Educator
Wednesdays, February 2, 9, 16 and 23
ZOOM 6:30 to 8:00 pm

Using the positive discipline model, experience how behavior matches development. Join the discussion and share the stories of the children you are working with and leave with a new perspective on how to approach discipline strategies with children.

The Positive Discipline program was originally designed for parents and families to promote a more positive discipline approach. It looks at the child’s behaviour and guides the adult to see things from the child’s perspective. It also looks at where the child is developmentally and compares that to the adult’s expectations of the child.

The program was developed by Dr. Joan Durrant and her team at the University of Manitoba and is utilized in many countries throughout the world.



Pushed by the Circumstances: What EX-Gang Members Can Teach Us in ECE **Thursday, February 17, 2022**

ZOOM 6:30 to 8 pm This is also being offered at 1:30 – 3:00 pm
during Supervisor's Network
Guest Presenter: Marc Battle



Marc is a musician, playground designer and an ECE Instructor at Red River College in Winnipeg. He is also a highly sought-after presenter in support of the ECE profession.

No kid is seeking anything when he joins a gang; he's always fleeing something. He's not being pulled; he's being pushed by the circumstances in which he finds himself. In Eastern Philosophy there is a saying that there is truth beyond the scriptures. This idea has always resonated with me as I have spent the better part of my life in Early Childhood Education seeking wisdom about my work and life with children from sources not related to ECE. I have explored the thoughts from leaders in the disability rights movement, the civil rights movements, democracy, and community building. However, one of the most impactful moments for me was attending a circle with an Indigenous knowledge keeper and four ex-gang members from Winnipeg. This circle tied up all my thoughts and understandings about the power of our work and if we listen to the advice of these men we can build a place of nurturance, love, understanding and respect for all who are connected to our programs. This workshop will explore how we can integrate the experiences of ex-gang members into our practice in ECE.

Standard First Aid, Level C CPR Training **In-Person Training at 30 Bell Lane Brantford** **In-Person 5:30 to 8:30 pm** **Dates from January to June**

Series #1 Tuesdays Jan 18 and 25 and Thursdays Jan 20 and 27

Series #2 Tuesdays March 22 and 29, Thursdays March 24 and 31

Series #3 Tuesdays May 17 and 24, Thursdays May 19 and 26

Instructor is certified through St. John Ambulance



This course is for individuals who require more comprehensive information on first aid and CPR for the workplace, educational institution, or personal interest reasons. This course meets Canadian Labour Code and Ontario First Aid Regulation 1101 for workplaces with more than 5 employees. It also meets CCEYA requirements. This interactive program includes CPR training for adults, infants, and children, 2 person CPR as well as automated external defibrillation (AED). Certificates valid for three years are issued upon successful completion. CPR C deals with managing infant, child, and adult casualties.

Dine'n Learn

Topic: Block Play

Wednesday, March 9

ZOOM 6:30 to 7:30 pm

Blocks offer so many possibilities for play based learning. No matter what age group you work with, blocks play an important role in all areas of the children's development. They provide a learning platform for math, science, and many other concepts. Join us via ZOOM as we look at the many different ways you can incorporate blocks into other areas of your program.



Nurturing a Positive Team Culture- Creating a Vibrant Workplace

Tuesday, March 22

ZOOM 6:30 to 8:00 pm

Guest Presenter: Lorrie McGee Baird, Compass Early Learning and Care

Lorrie McGee Baird has been actively working in the early learning field for over 35 years and currently is the Executive Director of Pedagogy with Compass Early Learning and Care in Peterborough, Ontario. Lorrie has immersed herself in the early learning field strengthening her understanding of the teaching and learning process. As a pedagogical leader and professional learning facilitator she believes in engaging educators in reflective practice and ensuring that our work in adult learning parallels that which we want to foster with children. Lorrie is the co-author of "Creating a Culture of Reflective Thinking: The Role of Pedagogical Leadership in Early Childhood Programs"



We are living in very changing and challenging times in our field.

Now more than ever as we are called to consider how we can nurture the kind of culture within our programs that children, educators and families deserve. When organizations and educators can ground themselves in their values, see the purpose of their work, their work can grow authentic trusting relationships. Together we will explore stories and intentional practices that can help us see the deep value of the work we do each day.

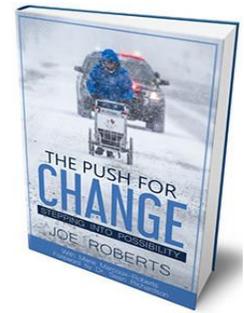
Continuous Professional Learning: Book Club

The Push for Change: Author Joe Roberts

Wednesdays, March 30 and June 1

ZOOM 6:30 to 8:00 pm

Requirements: Participants will receive a FREE copy of the book
Participants will have the opportunity to read the book ahead of time so that we can have a full discussion during our ZOOM session.



A Push for Change is a wonderful book written by Joe Roberts Skid Row CEO and is based on the fact that your dreams are waiting for you; all you need is a little “push” to discover what you are capable of. This book is pointing to the infinite possibility that is YOU!”

Building Positive Relationships Series

Tuesdays, April 5 and 19

ZOOM 6:30 to 8:00 pm

Children come from diverse backgrounds. The one thing they have in common is the need for a safe learning environment. Building relationships and making connections is a way to help children develop a healthy sense of self. We know that all foundations for learning are built upon authentic relationships and making connections. Join us as we take an in depth look at building positive relationships with the children, families, and community.



This interactive workshop will include strategies and resources to engage families in your Early Childhood Community so that together, families + educators = thriving children.

Signed English Sign Language Series

Wednesdays April 13, 20, 27 and May 4

In-Person 6:30 to 8:00 pm

Learn how to incorporate Signed English sign language into everyday interactions with children. This workshop series provides emphasis on functional vocabulary for preschool children. All participants receive a free Signed English Starter dictionary book and the Signed English Songbook. This is a certificate course.



How to Reach Your FULL Potential

Thursday, April 21

ZOOM 6:30 to 8:00 pm

Guest Presenter: Claudia Valle, Leaders for Leaders Associate

Claudia leverages her background in experiential education so that the leaders and teams she works with reach their goals and their full potential. This has resulted in her designing programs for Fortune 500 companies that include Cardinal Health, Procter & Gamble and Sysco: and delivering cutting edge learning experiences in various countries throughout North America, Europe, Asia, and Africa. To ensure her clients are able to tap into the most current and relevant leadership models and theories, Claudia has certifications in Polarity Management®, Core Strengths Relationship Intelligence, Skilled Facilitation®, and EQ-i Emotional Intelligence®. When Claudia is not working with teams and leaders, she fulfills her passion for traveling the world, exploring new cultures, and trying to see as much live music as possible!



Too many people leave their life up to fate and don't have clear direction on where their life is going or how to get there. This session will help you solidify a personal vision for your life, set inspiring goals that you will actually achieve, and learn the secret to managing the ongoing tensions in life that can hold back your true effectiveness.

Learning Outcomes:

- Clarify Your Personal Vision & Learn to Live with a Deep Sense of Meaning
- Set Achievable Goals & Learn to Focus on What Matters
- Find Healthy Tension Between Work/Home and Activity/Rest

Finding Your Core Gift

Mondays, May 2 and 30

ZOOM 6:30 to 8:00 pm

Your Core Gift is at the center of who you are. It has influenced your past actions, sometimes without you knowing, and can be used as a powerful tool for making decisions about your future. If you currently feel "stuck," your Core Gift will help you decide what to do and give your life purpose and direction.

Join us as we discuss the journey about how to discover your professional and personal "Core Gift". After the presentation if you are interested in discovering your Core Gift, we will book a time with a Core Gift Facilitator so you can go through the process. The more we know about ourselves the better we can help ourselves and others. We have this gift inside, so let's share it!



Dine'n Learn

Topic: Gardening with Children

Wednesday, May 4

ZOOM 6:30 to 7:30 pm



Are you curious how to incorporate growing vegetables or starting a pollinator garden in your program? There are so many learning opportunities for children in a garden from learning how plants grow, to responsibility of caring for their garden and the pride they feel as they harvest what they have grown! Join us for an evening to learn how you can make growing fun and inexpensive, access community resources and beautify your classroom!

Brain Fitness Health Exercises Through Laughter Yoga

Thursday, June 9

ZOOM 6:30 to 7:30 pm

Guest Presenter Kathryn Kimmins



Kathryn Kimmins is a highly awarded international professional speaker, Certified Laughter Yoga teacher, Laughter Ambassador of Canada, gelotologist, leadership coach, and peak performance and resilience expert who helps people to overcome the hidden blocks to achieving their goals and to get what they really want from life through her Awakening to the Happiness Journey series.

Kathryn says that Laughter Yoga Therapy helps: boost the immune system; reduce heart disease; dump depression; memory; respiratory problems; anti-aging; control high blood pressure; arthritis and reduce physical pain.

Child Care Supervisors are invited to network and share current trends and information at the Supervisor's Network meetings. Meetings are scheduled for the third Thursday bi-monthly from 1:30 to 3 pm.



Supervisor's Networks are scheduled for January 20, March 17, and May 19 with topics to be announced. Call 519-759-3833 to register.

On behalf of the Brant Haldimand Norfolk Joint Professional Learning Committee, Early Years Professionals from Brant Haldimand Norfolk Catholic District School Board, Grand Erie District School Board, EarlyON Child and Family Centres, Licensed Early Learning and Child Care, and Early Intervention Services in the City of Brantford, and Brant, Haldimand, and Norfolk counties are invited to participate.



Self-Reg® and Explosive Behaviour: Why and Why Now? with Dr. Susan Hopkins

Both parents and educators are seeing increasing episodes of explosive behaviour in children: challenging behaviours that at times may compromise the safety of others. Several approaches have been developed to help teachers, professionals, and parents deal with such behaviour, however, according to Dr. Stuart Shanker, these methods pay insufficient attention to the stressors, which are the primary cause of the behaviour.

Self-Reg® teaches us that we must first begin the detective work to identify the roots of the behaviour problem. This presentation will discuss the nature and incidence of explosive behaviour (including why and why now?), the relationship between self-regulation, stress, and challenging behaviour episodes, and stress cycles, and how they impact children's inner tension and arousal.

Dr. Susan Hopkins is a passionate advocate for children, families, schools, and communities. She leads Dr. Stuart Shanker's organization, The MEHRIT Centre (TMC), as Executive Director. Over the course of Susan's career, she has worked in every area of education from the early years to post-secondary and across contexts from Italy to the Northwest Territories.

**Date: Wednesday, April
27th, 2022**

Time: 6:30 - 8:30 p.m.

**Recorded Zoom
Presentation**

Door Prizes

To register, contact ascyhn@ascy.ca by **Wednesday April 20th**. It is important that you provide your name and email address, school board or organization, school or program name, and location. You will be sent a Zoom link, via email, the week prior to each session.

If you have questions, please speak to the committee member that represents your board or sector:

BHNCDSB Educators - Barb Mitchell at bamitchell@bhncdsb.ca or Andrea Perras at aperras@bhncdsb.ca

GEDSB Educators - Rebecca Malo at rebecca.malo@granderie.ca

Brant & Brantford ELCC Educators - Barb Vanry at bvanry@eycbrant.ca

Haldimand & Norfolk ELCC Educators - Tracey Webster at twebster@ascy.ca

These events are made possible in collaboration with:

**BHNCDSB, GEDSB, EarlyON Community Living Brant, City of Brantford,
Affiliated Services for Children and Youth, and Children's Services, Haldimand Norfolk H&SS**

The Early Integration Program will be presenting the 2022 workshops on ZOOM. To register, use the link below the description. When you register you will receive an email confirming your registration and instructions how to join the meeting.

Children are Not Just Being Difficult: How Can We Be There to Support?

Tuesday, February 8

ZOOM 6:30 to 8:30 pm

For Professionals

- **Let's explore what is developmentally appropriate for children**
- **Do you have children that are strong willed, anxious, defiant?**
- **Group discussion/breakout room and strategies to turn power struggles into cooperation**

<https://lansdownecc.zoom.us/meeting/register/tJUrdumpqTotGdG-qwSrd3dEwHJ5GMxp0>

Engagement

Wednesday, March 23

ZOOM 6:30 to 8:30 pm

For Early Years Educators

- **7 simple steps for engaging all children**
- **Keeping it simple; engaging with your environment**
- **Being co-learners with all children**
- **Importance of observation, reflection, and re-evaluation**
- **How engaging can identify strengths and reduce challenges within your program**
- **The importance of engagement for the preplanning process, and individualized programming**

<https://lansdownecc.zoom.us/meeting/register/tjUtdOyqqD8sHdexnx4xQeMOy245zByUcAlY>

Mindful Transitions and Teachable Moments

Tuesday, May 3

ZOOM 6:30 to 8:30 pm

For Early Years Educators

- **Promoting transitions as fun and teachable moments**
- **How to reduce challenges and identify strengths with your current daily transitions, making them timely and smoother**
- **The importance of individual and developmental needs in the preplanning process**
- **Why transitions are an important part of program planning process**

<https://lansdownecc.zoom.us/meeting/register/tJEofuGgpzsqGNbEDdno4oYBezRNZsVFXjYG>